

# Resources for Students with ADHD

## Understanding ADHD

Driven to Distraction (Edward M. Hallowell & John J. Ratey)

ADD and the College Student (Patricia O. Quinn, MD)

Inside the ADD Mind <http://www.drthomasebrown.com/pdfs/additude.pdf>

Embracing Confusion <http://www.coachingsupport.com/articles2.htm>

## Organization and Time Management Strategies

Succeeding in College with Attention Deficit Disorders (Jennifer S. Bramer, PhD)

Survival Guide for College Students with ADD or LD (Kathleen G. Nadeau, PhD)

Adult ADHD: 50 Tips on Management

[http://www.addresources.org/article\\_50\\_adhd\\_tips\\_adult\\_hallowell\\_ratey.php](http://www.addresources.org/article_50_adhd_tips_adult_hallowell_ratey.php)

Adult ADD Time Management Tips <http://www.additudemag.com/adhd/article/935.html>

High Tech & Low Tech Solutions: Time Management Basics

<http://addcopingskills.com/articles/article9.pdf>

## Success with ADHD

Positively ADD: Real Success Stories to Inspire Your Dreams (Catherine A. Corman & Edward M. Hallowell, MD)

ADD in the Corner Office <http://www.greatschools.net/cgi-bin/showarticle/2968>

Famous People with ADD and LD <http://www.oneaddplace.com/famous.htm>

The ADHD Entrepreneur <http://www.add.org/articles/entr1.html>

## Adaptive Technology (available through the ATC in Wells Library)

Kurzweil 3000--enables conversion of print to electronic text which can be read aloud to the user by a computer or MP3 player. The multisensory presentation, combined with the highlighting of each word as it is read is often very helpful to students with ADHD who struggle to focus while reading.

Inspiration--assists users in organizing their thoughts and ideas through graphic representation for outlining and studying purposes

## Employment Issues

<http://www.addcoach4u.com/addintheworkplacearticles.html> (Collection of online articles)

**Note: Books listed above are available for reading in the DSS office**